



2026 香港 **HONG KONG**



LDP
APAO
Leadership
Development
Program

APAO LEADERSHIP DEVELOPMENT PROGRAM (LDP)

Class XV (2026–2027)

February 5–7, 2026

Hong Kong, China

PROGRAM BOOK

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APAO LEADERSHIP DEVELOPMENT PROGRAM

Mission Statement

The values of the medical professional organization are guiding the doctors (members) and empowering the profession and protecting the community, while the professional paradigms are competence, accountability, ethics, altruism and collegiality.

In the spirit of those values and paradigms, the aim of the APAO Leadership Development Program (LDP) is to provide systematic orientation and professional development skills for future leaders of Ophthalmology within the Asia-Pacific region.

Program Goals

- Identify individuals with the potential to become leaders in Ophthalmology.
- Provide orientation and skills to allow potential leaders to promote Ophthalmology locally and regionally.
- Facilitate the promotion of program graduates into leadership positions both locally and regionally.
- Facilitate a spirit of collegiality and networking within the future regional Ophthalmology Society Leaders.
- Build a culture to serve the Ophthalmology society.

LDP STANDING COMMITTEE

Advisors



Dr. Michael BRENNAN



Prof. Frank MARTIN



Prof. Clement C THAM

Chair and LDP Program Director



Prof. Muhammad MOIN

Secretary



Dr. Shaheeda MOHAMED

Members



Dr. Catherine GREEN
(Immediate Past Chair and LDP Program Director)



Prof. Madhuwanthi DISSANAYAKE



Dr. Sherman VALERO



Prof. Meenu CHAUDHARY

Associate Members



Dr. Kasem
SERESIRIKACHORN



Dr. Indira PAUDYAL



Dr. Tarjani DAVE



A/Prof. De-Kuang
HWANG



Dr. Irum RAZA



Dr. Jan Bond CHAN



Dr. Faraby MARTHA



Dr. Vivek DAVE



Dr. Kendrick SHIH



Dr. Prasanna Venkatesh
RAMESH



Dr. Hong Kee NG



Dr. Sagara PATHIRAGE

LDP FACULTY

Prof. Muhammad MOIN

MBBS, MRCPHth, FRCOphth, FRCS, MCPS-HPE



Prof. Muhammad MOIN graduated from the APAO Leadership Development Program in 2012 and has been the chair of the LDP program since 2019. He is the founder and director of the Ophthalmological Society of Pakistan (OSP) Leadership Development Program. He holds fellowships from 2 royal colleges of the UK, namely FRCOphth (UK) and FRCSEd, and 2 subspecialty fellowships from the USA, namely Oculoplastics and Orbit from the University of Cincinnati, and Vitreo-retina from the University of Arizona. He has also obtained a Masters in Medical Education from CPSP Pakistan, a Certificate in Medical Journalism from Pakistan, and a Certificate in Leadership from APAO.

He is currently working as Pro-Vice Chancellor of King Edward Medical University and Principal of the College of Ophthalmology & Allied Vision Sciences, Lahore. He has worked as a Professor of Ophthalmology for 15 years and as Director of Medical Education for 8 years. As the Immediate Past President of the OSP, Lahore Branch, he organized the AACO in 2022 and the APOTS meeting in 2023 in Lahore. He has served as the General Secretary and Treasurer of OSP, Lahore, and as the President and General Secretary of the Pakistan Oculoplastics Association.

He remained the Editor in Chief of the *Pakistan Journal of Ophthalmology* for 8 years from 2015 to 2023, and got the journal indexed in *Scopus*. Now he is the Editor in Chief of the *Ophthalmology Pakistan* journal.

He has participated as a speaker in more than 250 conferences, including APAO, ICO, and AAO. He has published 65 papers and authored 3 books, including a book on OCT, a book on ROP, and co-authored a textbook in ophthalmology. He has trained 34 postgraduate fellows in ophthalmology, 10 trainees in a master's program in ophthalmology, 11 diploma students, 5 fellows in vitreo-retina, and 1 fellow in oculoplastics.

He has obtained major grants from the Fred Hollows Foundation to establish retinopathy of prematurity services and vitreo-retinal and pediatric ophthalmology subspecialties in 2 medical colleges. He developed the curriculum for fellowships in oculoplastics and orbit for CPSP and UHS.

He received the Holmes Lecture Award from APAO in 2023, the Highest Academic Medal from OSP in 2021, and the Distinguished Service, Achievement, and Senior Achievement Awards from APAO in 2015, 2017, and 2024, respectively. He was honored with the International Ophthalmologist Education Award and the International Scholar Award by AAO in 2016 and 2018.

Dr. Shaheeda MOHAMED



Dr. Shaheeda MOHAMED is an ophthalmologist with expertise in vitreoretinal diseases and surgery, working as a Consultant at the Hong Kong Eye Hospital, and an Honorary Clinical Assistant Professor at the Department of Ophthalmology and Visual Sciences, the Chinese University of Hong Kong.

She is a graduate of the Asia-Pacific Academy of Ophthalmology Leadership Development Program, and holds a Master of Public Health degree. She is a recipient of the Asia-Pacific Academy of Ophthalmology Achievement Award. She has a keen research interest in vitreoretinal surgery and macular diseases. She is involved in teaching vitreoretinal fellows and ophthalmology residents. She has actively participated in national eye screening programs, and in education campaigns for the general public as well as primary health care physicians to increase awareness of eye diseases.

She is a member of the American Academy of Ophthalmology, the Hong Kong Medical Association, and the British Medical Association.

Prof. Madhuwanthi DISSANAYAKE

MBBS, MD (Ophth) CTHE, SEDA (UK)



Prof. M. Madhuwanthi DISSANAYAKE is a Consultant Eye Surgeon and a Professor attached to the Faculty of Medicine, University of Colombo, Sri Lanka. She obtained her MBBS degree with honors from the Faculty of Medicine, University of Colombo, winning the Drogo Austin Gold Medal for Orthopaedics in 1995. She received her training in ophthalmology at the National Eye Hospital Colombo and Sri Jayewardenepura General Hospital, Kotte. Her post-MD training was at Tennant Institute of Ophthalmology, Glasgow, Scotland.

She was board-certified as a specialist in ophthalmology in 2005 and serves as the Chairperson of the special senses module of the Faculty of Medicine, University of Colombo. She has been an active member of the College of Ophthalmologists of Sri Lanka since 2012 and served as the Joint Secretary in 2013.

She graduated from the APAO LDP program in 2015. She was also awarded the APAO ZOC Travel Grant for Invited Speakers at APAO in Guangzhou in the same year.

Her research interests include anatomy, ophthalmology and ophthalmic education, ethics and professionalism, and communication in postgraduate medical education. As an active researcher, she has several publications and presentations at various local and international forums. She was awarded the BMJ South Asia Award for Excellence in Medical Education for work related to her APAO LDP project in 2015. She and her team won the best oral presentation award at the Annual Congress of the College of Ophthalmologists of Sri Lanka in 2016 and 2019.

Prof. DISSANAYAKE is a member of the Board of Study in Ophthalmology, and an examiner at the Postgraduate Institute of Medicine, University of Colombo in Ophthalmology and Surgery. She also contributed to the development of Ophthalmology in Sri Lanka by steering the College of Ophthalmologists of Sri Lanka as its 26th President in 2017.

She is an active member of the Leadership Development Standing Committee, Women in Ophthalmology (WIO) Standing Committee and the Ophthalmic Education Standing Committee of the APAO and holds the position of Jt Editor for the College of Ophthalmologists of Sri Lanka from 2021 to date.

With her contributions over the years to the APAO annual Congresses, Prof. DISSANAYAKE was awarded the APAO Achievement Award in 2023.

Dr. Sherman VALERO



Dr. Sherma VALERO was a member of the APAO 2011 LDP Class held in Busan, Korea. His positive experience with both the program and its mentors spurred him to create a local LDP program in the Philippines, where graduates have gone on to start their leadership journey both locally and regionally. He has mentored several APAO LDP participants whose projects have already made a significant impact in Philippine ophthalmology, especially in the fields of residency training and public awareness.

He is a vitreo-retina specialist currently practicing in Manila, Philippines. He completed his medical education at the University of the East, Ramon Magsaysay Memorial Medical Center-College of Medicine. He then finished his residency training in ophthalmology at the Makati Medical Center and pursued a fellowship in vitreoretinal diseases and surgery at the University of Hawaii-John A. Burns School of Medicine in the USA and the University of Toronto-Toronto Western Hospital in Canada.

He is a Past President of the Philippine Academy of Ophthalmology and the Vitreo-retina Society of the Philippines and is currently a trustee of the Philippine Board of Ophthalmology. Dr. VALERO is also the current Chair of the Department of Ophthalmology of the Makati Medical Center in Manila.

Prof. Dr. Meenu CHAUDHARY

MD



Prof. Dr. Meenu CHAUDHARY, MD, President of Nepal Ophthalmic Society and Head of the Department of Ophthalmology at B.P. Koirala Lions Center for Ophthalmic Studies, Institute of Medicine, Tribhuvan University, is a cornea and cataract specialist.

She received the APAO Achievement Award 2024 in Bali, Indonesia & Distinguished Service Award 2023 in Kuala Lumpur, Malaysia. She is a cornea fellow of the Aravind Eye Hospital, Madurai, India and an ICO fellow in 2008. She was the first candidate from Nepal to graduate from the Leadership Development Program of the Asia-Pacific Academy of Ophthalmology (APAO) in 2014-2015. Under her leadership LDP master class 2024 (13-15th, September) was conducted for the first time in Kathmandu, Nepal. She is an active faculty member of the APAO LDP.

She is an Associate Editor of the *Nepalese Journal of Ophthalmology* and a member of the Health Science Cluster Committee at the University Grants Commission. As an active researcher who has presented at various national and international conferences, she has many national and international publications in her name.

She is also the core member of the Hospital Cornea Retrieval Program, which was launched in 2012 at Tribhuvan University Teaching Hospital under her leadership in collaboration with the Nepal Eye Bank to curb corneal blindness in Nepal.

Her achievements include:

- Order of Merit – “Nepal Samman” by Everest Foundation in 2007 (for serving the country in the field of eye)
- Certificate of Appreciation as Best Faculty – Institute of Medicine (2010)
- Seva Padak - Best Teacher’s Award by Tribhuvan University (2013)
- Felicitated by Nepal Eye Bank, Nepal & Sight Life USA for helping in the collection of the maximum number of good quality corneas through HCRP (2018)
- 2019 ARVO Foundation Developing Country Eye Researcher Travel Fellowship: Annual Meeting of the Association for Research in Vision and Ophthalmology (ARVO) in Vancouver, British Columbia, Canada
- Gold Medal for Scientific Contribution at the Indian Society of Cataract & Kerato-refractive Surgery (ISCKRS), New Delhi, India. (2019)
- Member of Ophthalmic Education Standing Committee of the Asia-Pacific Academy of Ophthalmology
- Member of Asia Pacific Ophthalmic Trauma Society (APOTS), AIOS
- Organizing Vice Chairperson for SAARC Academy of Ophthalmology Conference 2018, Kathmandu, Nepal

Dr. Vivek DAVE

MD, DNB, FRCS(UK), FICO(UK), MNAMS



Dr. Vivek DAVE completed his primary medical education at Seth G.S. Medical College, Mumbai and did his MD (Ophthalmology) at the All India Institute of Medical Sciences, New Delhi. He is also a diplomate of the National Board of Examinations (Ophthalmology), a fellow of the Royal College of Surgeons of Glasgow, United Kingdom, a fellow of the International Council of Ophthalmology and a Member of the National Academy of Medical Sciences. He also pursued a fellowship in vitreoretinal services at L V Prasad Eye Institute and was a senior registrar for glaucoma services at AIIMS.

Dr. DAVE is a mentor faculty for ORBIS CyberSight, a leadership development program mentor faculty with the Asia-Pacific Academy of Ophthalmology, and serves as an Adjunct Assistant Professor of Ophthalmology in Rochester, USA. He is on the editorial boards of *Seminars in Ophthalmology*, the *Indian Journal of Ophthalmology* and *British Medical Journal's BMC Ophthalmology*. Additionally, he is an associate member of the Asia-Pacific Academy of Ophthalmology's Congress Standing Committee, and a board member of the Asia Pacific Ophthalmic Trauma Society and the International Society of Ocular Trauma. Dr. DAVE has received numerous national and international awards from the Uveitis Society of India, All India Ophthalmological Society, Vitreo Retina Society of India, Asia-Pacific Academy of Ophthalmology, and the Asia-Pacific Vitreo-retina Society, the notable ones being the Namperumalsamy Young Researcher Award from the Vitreo Retina Society of India and the Distinguished Service Award from the Asia-Pacific Academy of Ophthalmology.

Dr. DAVE is a clinical investigator in 6 clinical trials and has received two competitive research grants. By the time of this writing, Dr. DAVE has delivered over 275 podium presentations and lectures and had 137 peer-reviewed international scientific research publications. Besides treating patients and research, he loves to spend his free time with his family, amidst nature and music. He is also an avid fitness enthusiast.

Dr. DAVE's surgical expertise lies in vitreo-retinal diseases (complex vitreoretinal surgery, retinal trauma, diabetic eye surgeries, endoscopic vitreoretinal surgery and endophthalmitis management).

Guest Faculty

Dr. Tamara R. FOUNTAIN

MD

**Secretary for Global Relations
American Academy of Ophthalmology**



Dr. Tamara R. FOUNTAIN is professor of ophthalmology at Rush University Medical Center and section chair emeritus of oculofacial plastic surgery. She maintains a private practice near her home on Chicago's North Shore, a day's drive from where she grew up outside Minneapolis, Minnesota.

Dr. FOUNTAIN graduated with a B.A. from Stanford University and an M.D. from Harvard Medical School. After completing residency in ophthalmology at Johns Hopkins' Wilmer Eye Institute, she returned to California for a fellowship in oculoplastic surgery at Doheny Eye Institute/University of Southern California.

Dr. FOUNTAIN was President of the American Academy of Ophthalmology in 2021. She is Past-President of the American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS), the Illinois Society of Eye Physicians and Surgeons and is a past-Board Chair of the Ophthalmic Mutual Insurance Company (OMIC). Dr. FOUNTAIN currently serves on the board of the American Board of Ophthalmology and has returned to Academy service as Secretary for Global Relations.

Outside medicine, Dr. FOUNTAIN enjoys travel, reading and the company of family and friends. A long-time tennis, golf and bike enthusiast, she's making room for pickleball and doing her best to stay out of the kitchen.

Ms. Gail SCHMIDT

Vice President, Ophthalmic Society and Global Relations American Academy of Ophthalmology



Ms. Gail SCHMIDT is the Vice President for Ophthalmic Society and Global Relations (OSGR) of the American Academy of Ophthalmology. She leads the Academy's efforts to enhance ophthalmic society collaborations and international initiatives to advance ophthalmic education worldwide.

Ms. SCHMIDT manages a division of twenty-four staff and directs the implementation of the Academy's annual Mid-Year Forum in Washington, D.C., a meeting of over 500 U.S. ophthalmology leaders and Advocacy Ambassadors (residents and fellowship trainees) at which critical issues facing the profession are discussed. As staff liaison for the physician Committee for State Organizational Development, Ms. SCHMIDT assists state societies in enhancing their organizations and improving member programs and services. She also oversees efforts of the Academy's Young Ophthalmologist (YO) committee and its subcommittees as well as the Lifetime Engaged Ophthalmologist (LEO) committee.

She has been the staff lead for the Academy's Leadership Development Program (LDP) since its inception. The Academy's 26th LDP class graduated and the 27th class held its orientation session during AAO 2025, the Academy's annual meeting in Orlando. The LDP assists in identifying and training future leaders for organized medicine at the local, national and international levels. It is a year-long program in which nominees are solicited from U.S. ophthalmic state, subspecialty and specialized interest societies and also includes participants nominated by international ophthalmic societies. Each year, 18 to 20 ophthalmologists are chosen to participate via a competitive selection process. The Academy's LDP was honored with the 2013 *Special Recognition Award* and has also been recognized by the American Society of Association Executives in its Gold Circle Awards Program for excellence and innovation in association management.

Prof. Peter MCCLUSKEY



President

The Royal Australian and New Zealand College of Ophthalmologists (RANZCO)

Prof. Peter MCCLUSKEY is currently a Professor of Ophthalmology at The University of Sydney and Director of the Uveitis unit at Sydney Eye Hospital. He was the Chair of Ophthalmology and director of the Save Sight Institute at The University of Sydney from Mar 2009 – Dec 2025.

He is an internationally recognized inflammatory eye disease specialist. He is an active clinician with a large uveitis clinic at Sydney Eye Hospital and clinics at St Vincent's Clinic and Royal Prince Alfred Hospital.

Prof. MCCLUSKEY is an author of more than 370 peer-reviewed papers, 27 book chapters, 2 apps and 4 books. His H-index is currently 69 (Google Scholar) and his work has been cited more than 15,000 times.

He is a dedicated teacher who has received distinguished service awards from APAO, RANZCO and AAO for his teaching contributions.

On Australia Day 2020 he was made an Officer in the Order of Australia (AO) for distinguished service to Ophthalmology and the community.

In 2021, Prof. MCCLUSKEY was awarded a Doctor of Science in Medicine by the University of NSW.

Prof. MCCLUSKEY is currently the RANZCO President.

Prof. Jason YAM

MBBS (HK) 2005, MPH (HK) 2010, FRCSEd 2012, FHKAM (Ophthalmology) 2012, FCOphthalHK 2012, MD (CUHK) 2023, FRCOphth 2025



President

APAO 2026 Congress

Prof Jason YAM is a clinician-scientist in pediatric ophthalmology, in particular, myopia. His research has established the role of low-concentration atropine 0.05% for the prevention of myopia onset and progression and has transformed the strategy of myopia control worldwide. He is also committed to a wide range of education and public services.

He serves as the Secretary-General of Asia-Pacific Strabismus and Paediatric Ophthalmology Society (APSPPOS), Chair of Research Committee, as well as Myopia Committee of International Paediatric Ophthalmology and Strabismus Council (IPOSC), Council Member of Asia-Pacific Myopia Society (APMS), Public Education Standing Committee Secretary, and Ophthalmic Education Standing Committee and Research Standing Committee of Asia Pacific Academy of Ophthalmology (APAO), and many other international academic positions. He also serves as President of the Hong Kong Ophthalmological Society, and Editor-in-Chief of the College of Ophthalmologists of Hong Kong. He served as the Congress President of the Inaugural Asia-Pacific Strabismus and Paediatric Ophthalmology Society Congress 2017, Congress President in the Asia Pacific Myopia Society Congress 2025, and Congress President of the Asia Pacific Academy of Ophthalmology Congress 2026.

He had more than 230 articles in the SCI-indexed journals. He is the principal investigator of 30 research grants and external funding of 110 million HKD. He is PI LAMP-1 and LAMP-2 study, which are the first placebo-controlled RCTs to provide evidence for 0.05% atropine to reduce myopia progression and to delay myopia onset respectively. It has brought a paradigm shift in prevention of myopia by low concentration atropine worldwide. The work has been selected as China's Important Medical Advancements in 2023 by the Chinese Academy of Medical Sciences. He is also PI of Hong Kong Children Eye Study, an epidemiological cohort of 50,000 children and 100,000 parents for detailed phenotypic and genotypic characterization. Studies led by him have been published at JAMA, Lancet Global Health, JAMA Network Open, JAMA Ophthalmology and Ophthalmology.

He has pioneered a "three in one model", integrating Research, Service and Education. In the past 10 years, his team has provided service-learning opportunities to more than 8000 medical students, nursing students, university students and secondary school students, and has been bestowed CUHK University Education Award 2025.

He was elected to Hong Kong Young Academy of Sciences in 2026. In 2024, he received the Asia-Pacific Academy of Ophthalmology De Ocampo Lecture Award, which is the highest award for excellent academic achievements in the whole Asia-Pacific region in clinical and/or

basic eye research. In the same year, he was among the first batch of researchers in Hong Kong to be awarded the National Science Fund for Distinguished Young Scholars 2024. In 2019, he received the Asia-Pacific Academy of Ophthalmology Nakajima Award for being the most outstanding young ophthalmologist aged under 40 in the Asia-Pacific. He was named one of the Ten Outstanding Young Persons in Hong Kong in 2019, and was bestowed the Hong Kong Humanity Award 2021, and the International Myopia Conference Josh Wallman Memorial Lecture 2022, and American Academy of Ophthalmology Secretariat Award 2023. He was listed among World's Top 2% Scientists in the field of Ophthalmology since 2022, and among Top 100 Ophthalmologists in Asia-Pacific Region in 2023. His other awards include Distinguished Young Fellow in Hong Kong Academy of Medicine (2013), Asia-Pacific Academy of Ophthalmology Leadership Development Program Award (2015), Asia-Pacific Academy of Ophthalmology Distinguished Service Award (2016), Asia-Pacific Academy of Ophthalmology Achievement Award (2016), and Hospital Authority Corporate Scholarship (2016), inaugural Asia-Pacific Strabismus and Paediatric Ophthalmology Society Young Investigator Award (2017), Asia Pacific Academy of Ophthalmology Outstanding Service in Prevention of Blindness (2019), Gold Medal for Best Original Research by Young Fellows in Hong Kong Academy of Medicine (2019), and Hospital Authority Kowloon Central Cluster Outstanding Team Award (as team leader) (2020), Asia Pacific Academy of Ophthalmology Senior Achievement Award (2021), Hong Kong Youth Dream-maker Award 2021, Hong Kong Volunteer Award 2021 (Group Award as team leader), and Silver Medal of Geneva Inventions Salon International (2022), CUHK Outstanding Research Impact Award (2023), CUHK Research Excellence Award (2023), CUHK Young Researcher Award (2024), CUHK University Education Award (2025, Collaborative Team Leader).

Prof. Clement C THAM

Secretary-General & CEO
Asia-Pacific Academy of Ophthalmology



Prof. Clement C THAM is the Chairman and SH Ho Professor of Ophthalmology and Visual Sciences at the Chinese University of Hong Kong (CUHK). He is the Immediate Past President of the College of Ophthalmologists of Hong Kong, which is the official professional organization in Hong Kong empowered to uphold and raise the standard of ophthalmic practice in Hong Kong through training, examinations, and accreditation.

Prof. THAM is a key leader in international ophthalmology. He has been the Secretary-General and CEO of the Asia-Pacific Academy of Ophthalmology (APAO) since 2013. Over 118,000 ophthalmologists are practicing in the countries and regions represented by the 36 APAO member societies, which is over 51% of the total number of ophthalmologists in the world.

Prof. THAM is the immediate past Treasurer of the International Council of Ophthalmology (ICO), the largest ophthalmic professional society in the world with more than 180 national, regional, and subspecialty member societies from around the world.

The World Ophthalmology Congress (WOC) is the biennial conference of the ICO, with the widest international representation in the world. Prof. Tham was Chair of the Scientific Program Committees of WOC2016 in Mexico, and WOC2018 in Spain. More than 2000 distinguished experts from around the world participated in the scientific programs in each of these WOCs.

Prof. THAM is a world-renowned clinician-scientist and key opinion leader in glaucoma. Based on a PubMed-based algorithm, he is placed by *Expertscape* in the top 1% of scholars publishing on glaucoma over the past 10 years. Prof. Tham is currently the President of the Asia-Pacific Glaucoma Society, and the President of the Hong Kong Glaucoma Society. Prof. Tham was also a Council Member of the World Glaucoma Association.

Dr. Jan Bond CHAN



Dr. Jan Bond CHAN is a Resident Consultant Ophthalmologist and Assistant Medical Director at the International Specialist Eye Centre (ISEC), Kuala Lumpur, where he also serves as Head of Refractive Surgery.

He has a sub-specialty interest in cataract and refractive surgery, with particular expertise in premium intraocular lenses (IOLs) and contemporary refractive surgical techniques. Dr. CHAN is actively involved in advancing clinical outcomes through the application of modern technology, personalized lens selection, and evidence-based surgical strategies.

Dr. CHAN completed a Cataract and Refractive Surgery observership under Dr Amir Hamid at Optegra Eye Hospital, London, United Kingdom, gaining international exposure to advanced refractive and cataract surgical practices.

He is actively engaged in professional leadership and education and currently holds the following positions:

- Honorary Secretary, Malaysian Society of Ophthalmology
- Vice President, Malaysian Society of Cataract & Refractive Surgery
- Committee Member, College of Ophthalmologists, Academy of Medicine Malaysia
- Standing Committee Member, Asia-Pacific Academy of Ophthalmology Leadership Development Program
- Committee Member, Myopia Advocacy for Myopia Prevention

Dr. CHAN is a regular speaker and contributor to ophthalmology meetings, with academic and clinical interests centered on cataract refractive outcomes, premium IOL technologies, and myopia management.

Dr. Helena Prior FILIPE

MD, MMed, FSACME, FAMEE, CPC (HC), FEACL



Dr. Helena Prior FILIPE, is a clinician-educator who integrates advanced ophthalmic practice with global leadership in health professions education. A graduate in Medicine from the University of Lisbon and trained in Ophthalmology at Instituto Dr. Gama Pinto, she serves as Consultant in the Department of Ocular Surface and Cornea at Hospital de Egas Moniz, Western Lisbon Local Health Unit, and as Associate Researcher at the Egas Moniz Center for Interdisciplinary Research. Clinically, her expertise includes ocular surface disease, cornea, cataract surgery, and ultrasound, with active participation in international consortia on ophthalmic drug delivery. Helena has recently been chairing the department of low vision and rehabilitation.

Equally dedicated to education, Helena earned a master's degree in medical education (*summa cum laude*) and has since advanced innovation in continuing professional development (CPD), curriculum design, simulation-based education, and mentorship. She has chaired educational committees for several global professional organizations, such as ICO, ARVO, the Ophthalmology Foundation, AMEE, and the European Board of Ophthalmology, among others. Recognized as a Fellow of AMEE, SACME, and the European Academy of Clinical Leadership, Helena continues to shape global faculty development and CPD with a commitment to excellence and collaboration.

Ciência ID E719-ED4E-7DC7, <https://orcid.org/0000-0002-1081-7570>

LDP 2025-26 ORIENTATION CLASS

Program Schedule

Session Name	Time	Venue
APAO Leadership Development Program (LDP) 2026–27 Orientation Class 1	09:00–10:30 February 5 (Thursday)	S428 (L4)
APAO Leadership Development Program (LDP) 2026–27 Orientation Class 2	11:00–12:30 February 5 (Thursday)	
APAO Leadership Development Program (LDP) 2026–27 Orientation Class 3	09:00–10:30 February 6 (Friday)	
APAO Leadership Development Program (LDP) 2026–27 Orientation Class 4	11:00–12:30 February 6 (Friday)	
<i>Featured Session</i> APAO Leadership Development Program (LDP) World Café: Speed Mentoring	14:30–16:00 February 6 (Friday)	

***Participants of the LDP Orientation Class are welcome to attend
the Graduation Presentations of APAO LDP Class XIV (2025–26):***

◆ APAO Leadership Development Program (LDP) Project Presentation 1
09:00–10:30, February 7 (Saturday) at S425 (L4)

◆ APAO Leadership Development Program (LDP) Project Presentation 2
11:00–12:30, February 7 (Saturday) at S425 (L4)

&

◆ APAO LDP Alumni Reception
13:00–14:00, February 7 (Saturday)
at Port Café, L2, HKCEC (outside the Meeting Room N200 Series)

Session Details

APAO Leadership Development Program (LDP) 2026–27 Orientation Class 1

09:00–10:30, February 5 (Thursday) at S428 (L4)

Chairs: Prof. Muhammad MOIN, Ms. Gail SCHMIDT

09:00–09:05	Welcome to the APAO Leadership Development Program: Introduction of the APAO LDP	Dr. Shaheeda MOHAMED
09:05–09:10	Welcome by APAO CEO & Secretary-General	Prof. Clement C THAM
09:10–09:15	Welcome by APAO 2026 Congress President	Prof. Jason YAM
09:15–09:20	Welcome by 2026 LDP Master Class Host	Prof. Peter MCCLUSKEY
09:20–09:30	From Local to Global: Unlocking Your Greatest Leadership Potential	Dr. Tamara FOUNTAIN
09:30–09:40	APAO LDP Program Learning Objectives and Requirements	Prof. Muhammad MOIN
09:40–10:20	Participants' Introduction and Group Activity	Prof. Meenu CHAUDHARY Dr. Vivek DAVE Prof. Madhuwanthi DISSANAYAKE Dr. Shaheeda MOHAMED Prof. Muhammad MOIN Dr. Sherman VALERO

APAO Leadership Development Program (LDP) 2026–27 Orientation Class 2

11:00–12:30, February 5 (Thursday) at S428 (L4)

Chair: Prof. Muhammad MOIN

11:00–11:10	Your LDP Project	Dr. Shaheeda MOHAMED
11:10–11:20	My LDP Project: Experience From an LDP Alumnus	Dr. Jan Bond CHAN
11:20–11:30	Project Planning	Prof. Meenu CHAUDHARY
11:30–11:40	SWOT Analysis in Project Planning	Dr. Sherman VALERO
11:40–11:50	What Makes a Great LDP Project?	Prof. Madhuwanthi DISSANAYAKE
11:50–12:00	Fish Bone Analysis	Dr. Vivek DAVE
12:00–12:30	Group Discussion on LDP Project Proposal	

APAO Leadership Development Program (LDP) 2026–27 Orientation Class 3

09:00–10:30, February 6 (Friday) at S428 (L4)

Chair: Prof. Muhammad MOIN

09:00-10:30	Insights Discovery I: Introduction, Perception, and Color Energies	Prof. Muhammad MOIN
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APAO Leadership Development Program (LDP) 2026–27 Orientation Class 4

11:00–12:30, February 6 (Friday) at S428 (L4)

Chair: Prof. Muhammad MOIN

11:00–12:30	Insights Discovery II: Jungian Preferences, Insights Personal Profile, Adapting & Connecting	Prof. Muhammad MOIN
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What is Insights Discovery?

The Insights Discovery refers to psychometric models based on the work of Carl Jung and Jolande Jacobi, to develop awareness of self and others to make practical improvements in the workplace and in relationships. Our LDP alumni who experienced Insights Discovery speak highly of the program.

Feedbacks on the Insights from the Class XI Participants

"Dealing with the other person in a better way"

- Bhupesh SINGH

"I found it very intriguing. It is going to help me in improving my working style"

- Anu MANANDHAR

"More in-depth understanding of my personal strengths and weaknesses, better application of my skillset"

- Shaoying TAN

"Very useful, a nice icebreaker and gives participants a chance not just to know themselves but to get to know each other"

- Helena HURAIRAH

"I loved it a lot as it helped me to understand myself more and also others. I would really recommend it for future classes."

- Elenoa MATOTO

"The realistic me for better dealing with others."

- Eli PRADHAN

"Very interactive and useful. It would be a great addition."

- Aniruddha AGARWAL

"it's very very helpful."

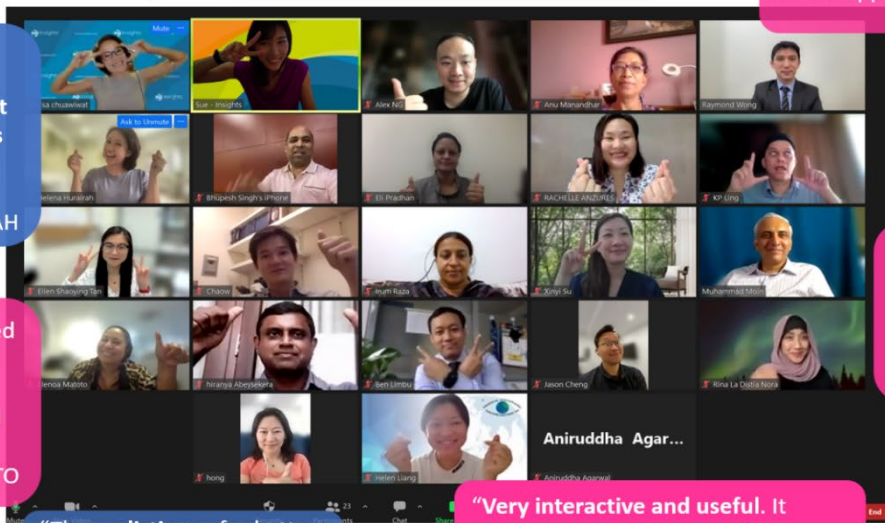
- Alex NG

"Understanding the working environment and nature of your colleagues definitely helps to facilitate and improve the outcome."

- Alex NG

"Love the assessment. It's so accurate."

- Chaow CHAROENKIJKAJORN



Featured Session

APAO Leadership Development Program (LDP) World Café: Speed Mentoring

14:30–16:00, February 6 (Friday) at S428 (L4)

Chairs: Dr. Helena Maria PRIOR FILIPE, Prof. Muhammad MOIN

14:30–14:40	Welcome to the LDP World Café	Dr. Helena Maria PRIOR FILIPE
14:40–15:30	Meet the Masters: Speed Mentoring	Prof. Andrew CHANG Prof. Nicole ETER Prof. Karl GOLNIK Prof. Ava HOSSAIN Prof. Martine JAGER Prof. Reynaldo JAVATE Prof. Frank MARTIN Prof. Eduardo MAYORGA Prof. Peter MCCLUSKEY Prof. Paisan RUAMVIBOONSUK Prof. Namrata SHARMA Prof. Clement C THAM
15:30–15:50	Open Discussion & Networking	
15:50–16:00	Conclusion & Feedback	

Participant Profile

(In alphabetical order by last name)



Ahmad ASHRAF
(Indonesia)



Rolika BANSAL
(India)



Israr Ahmed
BHUTTO
(Pakistan)



Ta-Ching CHEN
(Chinese Taipei)



Kunny DANS-
EVARISTO
(Philippines)



Ikhyun JUN
(Korea, Republic
of)



Xiaotong LI
(China)



Mariyam Shahana
MUFEED
(Maldives)



Alma NACUVA
(Fiji)



Wei Kiong NGO
(Singapore)



Pubudu PERERA
(Sri Lanka)



Tserendavaa
PUREVSUREN
(Mongolia)



Anran RAN
(Hong Kong, China)



Felice Katrina
RANCHE
(Philippines)



Riffat RASHID
(Bangladesh)



Vannarut
SATITPITAKUL
(Thailand)



David SOUSA
(Australia)



Hiroshi TANAKA
(Japan)



Sangeetha
THARMATHURAI
(Malaysia)



Madhu UDDARAJU
(India)



Hoang Viet Chi VU
(Vietnam)



Lei Lei WIN
(Myanmar)



Emily Suhan WONG
(Hong Kong, China)



Amit Kumar YADAV
(Nepal)



Li ZHANG
(China)

LDP 2024-25 GRADUATING CLASS

Program Schedule

Session Name	Time	Venue
APAO Leadership Development Program (LDP) Project Presentation 1	09:00–10:30 February 7 (Saturday)	S425 (L4)
APAO Leadership Development Program (LDP) Project Presentation 2	11:00–12:30 February 7 (Saturday)	

Session Details

APAO Leadership Development Program (LDP) Project Presentation 1

09:00–10:30, February 7 (Saturday) at S425 (L4)

Chairs: Dr. Vivek DAVE, Prof. Madhuwanthi DISSANAYAKE, Dr. Sherman VALERO

09:00r09:08	Establishment and Development of the Young Asia-Pacific Society of Ophthalmic Plastic and Reconstructive Surgery (YAPSOPRS)	Ho-Seok SA
09:08r09:16	Strengthening Community Access to Oculoplastic Services Through Outreach in the Southern Part of Thailand	Panida POTITA
09:16–09:24	Establishing a National ROP Screening Network in Regional Hospitals of the Maldives	Mohamed AZZAM
09:24–09:32	Development of a Sustainable Support Framework for Low Vision Care: A Pilot Study	Akiko HANYUDA
09:32–09:40	Creating a National Innovation Platform for Eye Care in India: Situational Analysis and Program Development	Kaushik MURALI
09:40–09:48	Challenges to Increase the Efficiency of Young Ophthalmologists in Bangladesh	Faria Tilat TIMA
09:48–09:56	Establishment of the Council of Ophthalmology Residents (CORE) – Philippines	Victor Ephraime PAULINO
09:56r10:04	Development and Pilot Implementation of an Ocular Trauma Registry in Brunei Darussalam	Nur Nadiah HJ JELUDIN
10:04r10:12	Impact of In-Country Glaucoma Fellowship Training in Cambodia	Chansathya KHIEU
10:12r10:20	To Improve Surgical Skills of Rural Ophthalmologists	Bayartsetseg ZAANKHUU

APAO Leadership Development Program (LDP) Project Presentation 2

11:00–12:30, February 7 (Saturday) at S425 (L4)

Chairs: Prof. Peter MCCLUSKEY, Dr. Shaheeda MOHAMED, Prof. Muhammad MOIN

11:00–11:08	Lithera for Residents: Clinical Mastery in Your Hand	Moh. Nurdin ZUHRI
11:08–11:16	Shaping the Future of Ophthalmic Services: Evaluating a Complex Anterior Segment Service (CASS) Model for Nationwide Integration	ZhuLi YAP
11:16–11:24	Establishment of Nepal Ophthalmic Society (NOS) Leadership Development Program	Tejsu Singh MALLA
11:24–11:32	Improving Pediatric Eye Care in Rural Vietnam	Que Anh VU
11:32–11:40	SIGHT (Sub-Specialty Inclusion for Grassroots eyeHealth Transformation) Project: Findings and Learnings	Diva MISRA
11:40–11:48	Beyond Technical Skill: Understanding Emotional Quotient in Phacoemulsification Training Among Malaysian Ophthalmology Trainees	Othamliza Binti OTHMAN
11:48–11:56	Resource Efficiency in Eye Care: Improving Efficiency of State Sector Eye Care Services in Sri Lanka Through Maximum Utilization of Resources	Maresh JAYAWEERA GAMAGE
11:56–12:04	Ophthalmology Education in Medical Students and Community Service: Flipped Classroom Development and Outside Classroom Practice in Community	Poemen CHAN



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